

Forgotten Coast Fitness and Wellness Center

Policy 2018.6 (Final Implementation date: 7.15.18)

Subject: Medical/Rehabilitation Oversight and Membership Status

At the Board's discretion, the Board may approve on a case-by-case basis a pause in membership status or adjust memberships for medical reasons. Documentation prepared by a medical professional may be requested.

The Board of Directors may approve participation of a medical professional, such as licensed Physical Therapist, Occupational Therapist, Registered Nurse, Physician, or home health care provider to assist/supervise/oversee a member recovering from an illness or injury. The Board may require documentation completed by a medical professional noting that this supervision is necessary.

An assistant helping a rehabilitating member must sign a liability waiver if rehabilitation will continue for more than one visit. All documentation and Board approval must be completed in advance of providing exercise assistance in the FCFWC (for more than one visit) to a member.

Assisting medical professionals are not required to become a member of the FCFWC. Assisting medical professionals may not use FCFWC for personal use (unless they possess a current membership).

The Board of Directors retains the authority to grant exceptions to this policy. Exceptions to this policy may be granted for medical or other reasons (at the discretion of the Board) that warrant an exception. Exceptions are granted only with Board approval on a case-by-case basis.

Oversight and Compliance: FCFWC staffs are required as a condition of employment to comply with and enforce FCFWC policies. Trainers and contractors are required to comply with FCFWC policies and alert clients and class attendees who are in violation. Board members will also provide oversight.